NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Sugar Free Vanilla Caramel with Sea Salt - 4pc
Net Wt 2.5oz (70g)

INGREDIENTS
Maltitol Syrup, Maltitol, Sorbitol, Cocoa Butter, Evaporated Milk (with Dipotassium Phosphate, Carrageenn and Vitamin D3), **Chocolate Liquor, Cream** (Sodium Citrate, Disodiium Phosphate), **Unsalted Butter** (Milk), **Hydrogenated Palm Kernel Oil, Calcium Caseinate** (Milk), *Milk Fat, Contains 1% or Less of the Following*: Sea Salt, Whey Protein (Milk), Soya Lecithin (an emulsifier), Vanilla Extract, Natural and Artificial Caramel Flavor

ALLERGY INFORMATION
Shares Equipment with Products containing Peanuts, Tree Nuts, Milk, Egg, Soy and Wheat.

Nutrition Facts

Serving Size 2 Pieces (37g)
Servings Per Container About 48

Amount Per Serving	
Calories 140	Calories from Fat 70
	% Daily Value*
Total Fat 8g	**12%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 150mg	**6%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Sugar Alcohol 23g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300 mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Lemon Drops
Net Wt. 9.5oz (268g)

INGREDIENTS:
Sugar, Corn Syrup, Citric Acid, Natural Flavor, Mailic Acid, Artificial Color &Yellow 5).

ALLERGEN INFORMATION
MANUFACTURED ON SHARED EQUIPMENT WITH PEANUTS, TREENUTS, SOY, EGGS, WHEAT AND DAIRY PRODUCTS.

Nutrition Facts:

Serv. Size: 4pieces = (17g) Amount Per Serving: Servings per container about 16 **Calories 70**, Calories from Fat 0, **Total Fat** 0g (0% DV), Saturated Fat 0g (0% DV) Trans Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium 5mg** (0% DV), **Total Carbohydrates 17**g (6% DV), Dietary Fiber 0g (0%DV), Sugars 14g, **Protein** 0g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (0% DV), Iron (0% DV).

Percent Daily Values (DV)are based on a 2,000 calorie diet.

Gourmet

Winter/Spring 2018

Gummy Hearts
Net Wt. 4oz (113g)

INGREDIENTS:
Corn Syrup, Sugar, Gelatin, Modified Corn Starch, Acids: Citric Acid, Lactic Acid; Corn Starch, Gelling Agents: Pectins; Natural & Artificial Flavors, Fruit & Vegetable Juice for Color: Radish, Carrot, Blackcurrant; Color: Cochineal Extract, Titanium Dioxide.

Manufactured on shared equipment with peanuts, tree nuts, flour, soy, coconut, eggs and dairy products.

Gummy Hearts		
Package Weight	4oz	113g
Nutritional Information		
Serving Size		38g (8 pieces)
Servings Per Container		2
Calories	130	
Calories from Fat	0	
Amount/Serving		%DV*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrate	32g	11%
Dietary Fiber	0g	0%
Sugars	24g	
Protein	1g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		0%

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Super Sour Stars
Net Wt. 4oz (113g)

Ingredients:
Corn Syrup, Sugar, Corn Starch-Modified, Malic Acid, Natural and Artificial Flavors, Yellow #5 and #6, Red #3 and #40, Blue #1, Saturated Sunflower Oil.

Allergen(s) Present: None
[May Contain: Egg, Milk, Peanut, Soy, Tree Nut, Wheat Ingredients]

Nutritional Information:

Nutrition Facts

Serving Size 7 pieces (40g)

Amount Per Serving

Calories 150	Calories from Fat 0
	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrates 37g	12%
Dietary Fiber 0g	0%
Sugars 27g	
Protein 0g	

Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400 mg	2,400 mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Trolli Sour Brite Crawlers
Net Wt. 18.2oz (57g)

INGREDIENTS:
Corn Syrup, Sugar, Gelatin, Modified Food Starch (Corn), Fumaric Acid, lactic Acid, Citric Acid, Sodium Citrate, Calcium Lactate, Sodium Lactate, Natural and Arificial Flavors, Titaniuim dioxide [Color], **Red 40, Yellow 5, Yellow 6, Blue 1.**

ALLEREGEN STATEMENT:
This Product was manufactured in a facility where Milk, Eggs, Almonds, Coconut, Peanuts and Soy are used in the production of other products.

Nutrition Facts

Serving Size 1 Package (57g)
Servings Per Container 18

Amount Per Serving

Calories 180

	% Daily Value*
Total Fat 0g	**0%**
Sodium 60mg	**3%**
Total Carbohydrate 44g	**15%**
Sugars 26g	
Protein 2g	

Calcium 2%

Not a significant source of calories from fat, saturated fat, trans fat, cholesterol, dietary fiber, vitamin A, vitamin C and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Confection Pretzel with Red Drizzle
Net Wt. 1oz (28g)

Ingredients
Pretzels (Wheat flour, Salt, Vegetable Shortening (contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil), Yeast, Malt Syrup, Corn Syrup and Soda) **White Confectionary Coating**: (Sugar, Palm Kernel Oil, Nonfat Milk Powder, Whole Milk Powder, Whey Powder, Palm Oil, Soy Lecithin [an emulsifier], Vanilla), **Artificial Coloring** (Red #40, Red #3, Titanium Dioxide).

Allergy Information:
Shares Equipment with Products Containing Peanuts, Tree Nuts, Milk, Soy, Wheat, Red, Yellow and Blue Food Color.

Nutrition Facts

1 servings per container

Serving size	**1 Pretzel (28g)**
Amount Per Serving	
Calories	**160**
	% Daily Values*
Total Fat 9g	**14%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Total Sugars 17g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Buckeye Crunch
Net Wt. 7oz (198oz)

INGREDIENTS:
Popcorn Popped in Coconut Oil, Brown Sugar, Corn Syrup,Butter, Peanut Oil, Lecithin, Salt, Sugar, Palm Kernel Oil, Peanut Butter (Peanuts, Hydrogenated Rapeseed and Cottonseed Oil), **Nonfat Dry Milk, Butterfat, Sugar, Peanuts, Peanut Flour, Lactose, Sweet Dairy Whey, Sodium Caseinate, Buttermilk, Art. Vanilla Flavors, Cocoa Processed with Alkali, Soy Lecithin and Glycerol Lacto Ester** (Emulsifiers), **Nat & Art Flavor.**

ALLERGEN STATEMENT
Contains Peanuts, Dairy Soy.
Made in a facility that also processes Milk, Peanuts, Wheat, Soy and Eggs

Nutrition Facts

7 servings per container
Serving size **1 ounce (28.35g)**

Amount per serving
Calories **140**

	% DV*
Total Fat 7g	**9%**
Sat. Fat 4.5g	**23%**
Trans Fat 0g	
Cholest. 5mg	**2%**
Sodium 80mg	**3%**
Total Carb. 18g	**7%**
Fiber <1g	**4%**
Total Sugars 14g	
Includes 14g of Added Sugars	**28%**
Protein <1g	
Vitamin D 0mcg	**0%**
Calcium 21mg	**0%**
Iron 0mg	**0%**
Potassium 60mg	**0%**

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Enrobed Caramel Corn
Net Wt. 7oz (198oz)

INGREDIENTS:
Carmel Corn (Popcorn popped in Coconut Oil, Brown Sugar, Corn Syrup, Butter, Peanut Oil, Lecithin, Salt, Artificial Flavor), **Chocolate Confection** (Sugar, Partially Hydrogenated Vegetable Oils [Palm Kernel, Palm Oil, Cottonseed, Soybean], Nonfat Milk, Cocoa, Cocoa Processed w/Alkali, Soya Lecithin & Glycerol, Lacto Ester Emulsifiers, Natural & Artificial Flavors). *May Contain One or More of the Following*: Starch (Corn and/or Wheat), Confectioner's Glaze, Dextrin, Carnauba Wax, FD&C Yellow 5&6 Lake, Blue 1 & 2 Lake, Red 3, Red 40, Yellow 5&6, Blue 1, Titaniuim Dioxide, Red 40 Lake, Rice Flour, Cellulose Gum, Carageenan Gum, Gum Tragacanth, Whey, Mono & Diglycerides, Whole Milk Solids, Reduced Mineral Whey Powder, Gum Arabic, Xanthan gum, Polysorbate 60.

ALLERGEN STATEMEN
Contains Milk, Peanuts, Soy.
Made in a facility that also processes Milk, Peanuts, Wheat, Soy and Eggs.

Nutrition Facts

7 servings per container
Serving size **1 ounce (28.35g)**

Amount per serving
Calories **130**

	% DV*
Total Fat 7g	**9%**
Sat. Fat 3.5g	**18%**
Trans Fat 0g	
Cholest. 5mg	**2%**
Sodium 65mg	**3%**
Total Carb. 18g	**7%**
Fiber 0g	**0%**
Total Sugars 14g	
Includes 10g of Added Sugars	**20%**
Protein <1g	
Vitamin D 0mcg	**0%**
Calcium 23mg	**0%**
Iron 0mg	**0%**
Potassium 49mg	**0%**

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Foiled Hearts in Mesh Bag
Net Wt. 1.5oz (43g)

Ingredients: *Sugar, Cocoa Butter, Milk, Chocolate Liquor, Soy Lecithin (an emulsifier), Vanilla.*

Allergy Alert: *Made in a facility that processes tree nuts.*

Nutrition Facts

Serving Size 1 bag (43g)
Servings Per Container 1

Amount Per Serving

Calories 220	Calories from Fat 120
	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 30mg	**1%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 1g	**4%**
Sugars 24g	
Protein 3g	

Vitamin A 2%	• Vitamin C 2%
Calcium 8%	• Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Milk Chocolate Pretzel Joy
Net Wt. 12g/pc

Nutrition Facts

Serving Size 3 pieces (36g)
Servings Per Container about 88
Calories 190
Calories from Fat 90

Amount / Serving	% Daily Value*
Total Fat 10g	**16%**
Saturated Fat 6g	**31%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 55mg	**2%**
Vitamin A 0% • Vitamin C 0%	

Amount / Serving	% Daily Value*
Total Carbohydrate 22g	**7%**
Dietary Fiber 1g	**4%**
Sugars 16g	
Protein 3g	
Calcium 6% • Iron 2%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

Milk Chocolate (Sugar, Cocoa Butter, Chocolate Liquor, Milk, Soy Lecithin (an emulsifier) and Vanilla), Pretzel (Wheat Flour, Corn syrup, Canola and /or Soybean Oil, Salt, Yeast, Vegetable Fiber and soda ash), Crisp Rice (Rice Flour, Sugar, Malt Extract and Salt, Distilled Monoglycerides and Rice Extract added as processing aids), ALLERGEN STATEMENT: THIS PRODUCT HAS BEEN PRODUCED ON EQUIPMENT SHARED WITH PEANUTS, TREE NUTS, SOYBEANS, MILK, EGGS AND WHEAT.

Allergens:

Contains Milk, Soy, Wheat.

NUTRITIONAL FACTS

Cheryl's Cookies

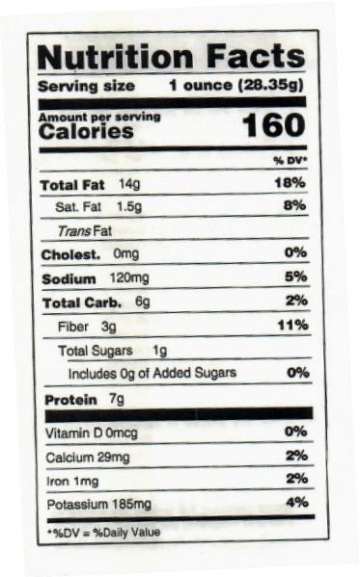
Gourmet

Winter/Spring 2018

Virginia Peanuts
Net Wt. 3oz (85g)

INGREDINETS: **Peanuts, Peanut Oil, Salt**

ALLERGEN STATEMENT
Contains Peanuts
Made in a facility that also processes milk, peanuts Wheat and Soy.



Nutrition Facts

Serving size	**1 ounce (28.35g)**
Amount per serving Calories	**160**
	% DV*
Total Fat 14g	**18%**
Sat. Fat 1.5g	**8%**
Trans Fat	
Cholest. 0mg	**0%**
Sodium 120mg	**5%**
Total Carb. 6g	**2%**
Fiber 3g	**11%**
Total Sugars 1g	
Includes 0g of Added Sugars	**0%**
Protein 7g	
Vitamin D 0mcg	**0%**
Calcium 29mg	**2%**
Iron 1mg	**2%**
Potassium 185mg	**4%**

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

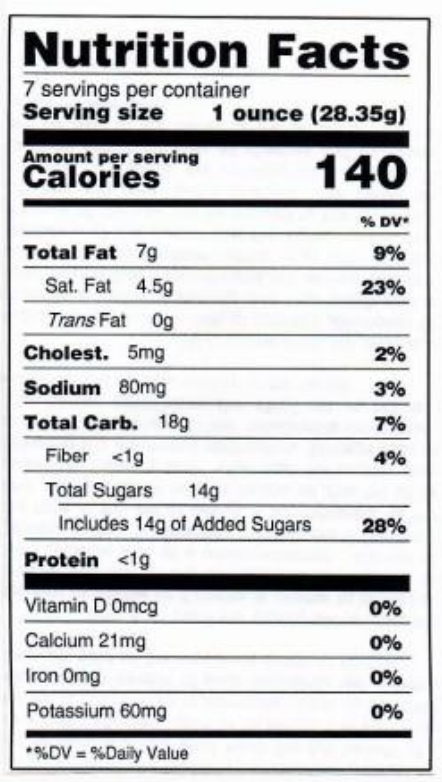
Gourmet

Winter/Spring 2018

Sweet & Salty Snack Mix
Net Wt. 7oz (198g)

INGREDIENTS:
Popcorn Popped in Coconut Oil, Sugar, Corn Syrup Solids, Butter, Peanut Oil, Salt, Lecithin, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Malt (Tapioca, Malt Extract), **Cane Sugar, Canola Oil, Yeast, Soda, Natural & Artificial Flavors, Partially Hydrogenated Palm Kernel Oil, Coconut Oil and Palm Oil, Whey, Nonfat Dry Milk, Milk, Mono & Diglycerides, Soya Lecithin** (Emulsifier), **Artificial Colors** (Titanium Dioxide, Red #3, Red #40), **Potatoes, Vegetable Oil** (Sunflower, Corn and/or Canola Oil), **Cocoa** (Processed with Akali), **Glycerol, Lacto Ester** (Emulsifier), **Chocolate Liquor, Cocoa Butter, Soy Lecithin and Vanilllin** (Emulsifiers), **Butterfat & Milk Fructose**

ALLERGEN STATEMENT:
Contains Milk, Peanuts, Wheat, Soy. Made in a facility that also processes Milk, Peanuts, Wheat, Soy and Eggs



Nutrition Facts

7 servings per container
Serving size **1 ounce (28.35g)**

Amount per serving
Calories **140**

	% DV*
Total Fat 7g	**9%**
Sat. Fat 4.5g	**23%**
Trans Fat 0g	
Cholest. 5mg	**2%**
Sodium 80mg	**3%**
Total Carb. 18g	**7%**
Fiber <1g	**4%**
Total Sugars 14g	
Includes 14g of Added Sugars	**28%**
Protein <1g	
Vitamin D 0mcg	**0%**
Calcium 21mg	**0%**
Iron 0mg	**0%**
Potassium 60mg	**0%**

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Dark Chocolate Sea Salt Caramels
Net Wt. 5oz (141g)

INGREDIENTS:
Dark Chocolate (Sugar, Cocoa Mass Processed with Alkali, Cocoa Butter, Butter Oil, Soy Lecithin Vanilla), **Corn Syrup, Sugar, Cream** (Milk), **Palm Kernel Oil, Sea Salt, Soy Lecithin, Nat. Flavor, Tapioca Syrup & Dextrin, Confectioner's Glaze.**

ALLERGEN STATEMENT
Contains Milk, Soy. Made in a facility that also processes Milk, Peanuts, Wheat, Soy and Eggs.

Nutrition Facts

5 servings per container
Serving size **30 grams (30g)**

Amount per serving
Calories **130**

	% DV*
Total Fat 7g	**9%**
Sat. Fat 4.5g	**23%**
Trans Fat 0g	
Cholest. <5mg	**2%**
Sodium 20mg	**1%**
Total Carb. 18g	**7%**
Fiber 1g	**4%**
Total Sugars 14g	
Includes 14g of Added Sugars	**28%**
Protein 1g	
Vitamin D 0mcg	**0%**
Calcium 11mg	**0%**
Iron 1mg	**6%**
Potassium 76mg	**0%**

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Pretzel With Red Drizzle
Net Wt. 1oz (28g)

Nutrition Facts

Serving Size 1 pretzel (28g)
Servings Per Container 1
Calories 140
Calories from Fat 60

Amount / Serving	% Daily Value*
Total Fat 7g	**10%**
Saturated Fat 6g	**28%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 80mg	**3%**
Vitamin A 0% • Vitamin C 0%	

Amount / Serving	% Daily Value*
Total Carbohydrate 19g	**6%**
Dietary Fiber 0g	**1%**
Sugars 12g	
Protein 2g	
Calcium 2% • Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

White Confection (Sugar, Fractionated Palm Kernel Oil, Nonfat Milk, Whole Milk, Partially Hydrogenated Palm Oil, Glycerol-Lacto Esters of Fatty Acids {an emulsifier}, Soy Lecithin {an emulsifier}, Vanilla, Salt), Pretzel (Wheat flour, corn syrup, canola and soybean oil, salt, yeast, vegetable fiber and soda), Red Confection (Sugar, Partially Hydrogenated Palm Kernel Oil, Whole Milk Solids, Reduced Mineral Whey Powder (Milk), Nonfat Dry Milk Solids, Soy Lecithin, salt, artificial flavor and FD&C Red Lake No. 40), ALLERGEN STATEMENT: THIS PRODUCT HAS BEEN PRODUCED ON EQUIPMENT SHARED WITH PEANUTS, TREE NUTS, SOYBEANS, MILK, EGGS AND WHEAT.

Allergens:

Contains Milk, Soy, Wheat.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Confection Pretzel with Dark Drizzle
Net Wt. 1oz (28g)

Ingredients

Pretzels (Wheat flour, Salt, Vegetable Shortening (contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil), Yeast, Malt Syrup, Corn Syrup and Soda) White Confectionary Coating: (White Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil, Non-Fat Dry Milk, Whole Milk, glycerol-lacto esters of fatty acids, (with citric acid to protect flavor), Soya Lecithin (an emulsifier), Salt and Vanillin (an artificial flavoring))), Milk Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil and Partially Hydrogenated Palm Oil, Cocoa Powder(processed with alkali) Non-Fat Dry Milk, Milk Fat, Soy Lecithin (an emulsifier) and Vanillin (an artificial flavoring)) Allergy Information: Shares Equipment with Products Containing Peanuts, Tree Nuts, Milk, Soy, Wheat, Red, Yellow and Blue Food Color.

Nutrition Facts

1 servings per container

Serving size	**1 Pretzel (28g)**
Amount Per Serving	
Calories	**160**
	% Daily Values*
Total Fat 9g	**14%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Total Sugars 17g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White With Rainbow Sprinkles Pretzel
Net Wt. 1.6oz (45g)

Ingredients

Pretzels: (Wheat Flour, Salt, Vegetable Shortening [contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil], Yeast, Malt Syrup, Corn Syrup, and Soda), White Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil, Non-Fat Dry Milk, Whole Milk, glycerol-lacto esters of fatty acids, (with citric acid to protect flavor), Soya Lecithin (an emulsifier), Salt and Vanillin (an artificial flavoring)), Sprinkles: (Sugar, Cornstarch, Confectioner's Glaze, Carnauba Wax, Artificial Colors [FD&C Yellow #5 & #6, FD&C Red #3 & #40, FD&C Blue #1 & #2]. May contain trace amounts of peanuts, tree nuts, and/or eggs.

Nutrition Facts

1 servings per container

Serving size	**1 Pretzel (34g)**
Amount Per Serving	
Calories	**190**
	% Daily Values*
Total Fat 10g	**15%**
Saturated Fat 9g	**45%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 0g	**0%**
Total Sugars 20g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Two Tone Pretzel
Net Wt. 1oz (28g)

Ingredients

Pretzels (Wheat flour, Salt, Vegetable Shortening (contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil), Yeast, Malt Syrup, Corn Syrup and Soda) White Confectionary Coating: (White Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil, Non-Fat Dry Milk, Whole Milk, glycerol-lacto esters of fatty acids, (with citric acid to protect flavor), Soya Lecithin (an emulsifier), Salt and Vanillin (an artificial flavoring))), Milk Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil and Partially Hydrogenated Palm Oil, Cocoa Powder(processed with alkali) Non-Fat Dry Milk, Milk Fat, Soy Lecithin (an emulsifier) and Vanillin (an artificial flavoring)) Allergy Information: Shares Equipment with Products Containing Peanuts, Tree Nuts, Milk, Soy, Wheat, Red, Yellow and Blue Food Color.

Nutrition Facts

1 servings per container

Serving size	**1 Pretzel (28g)**
Amount Per Serving	
Calories	**160**
	% Daily Values*
Total Fat 9g	**14%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Total Sugars 17g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

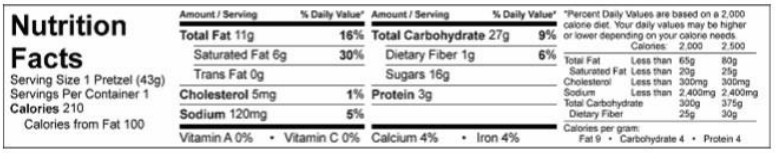
NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Milk Chocolate Cookie Pretzel
Net Wt. 1.5oz



Nutrition Facts

Serving Size 1 Pretzel (43g)
Servings Per Container 1
Calories 210
Calories from Fat 100

Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*
Total Fat 11g	**16%**	**Total Carbohydrate** 27g	**9%**
Saturated Fat 6g	**30%**	Dietary Fiber 1g	**6%**
Trans Fat 0g		Sugars 16g	
Cholesterol 5mg	**1%**	**Protein** 3g	
Sodium 120mg	**5%**		

Vitamin A 0% • Vitamin C 0% • Calcium 4% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

Milk Chocolate (Sugar, Cocoa Butter, Chocolate Liquor, Milk, Soy Lecithin (an emulsifier) and Vanilla), Pretzel (Wheat flour, corn syrup, canola and soybean oil, salt, yeast, vegetable fiber and soda), Chocolate Micro Cookie Gems (Enriched flour {Wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, Sugar, Cocoa processed with alkali, Vegetable Oil Shortening {Partially hydrogenated soybean and/or cottonseed oils}, High Fructose Corn Syrup, Corn Flour, Chocolate Liquor, Salt, Dextrose, Sodium Bicarbonate, Soy Lecithin), Milk Confection (Sugar, Palm Kernel Oil, Nonfat Milk, Whole Milk, Cocoa Powder, Hydrogenated Palm Oil, Cocoa (processed with alkali), Sorbitan Tristearate (an emulsifier), Soy Lecithin and Natural Vanilla), ALLERGEN STATEMENT: THIS PRODUCT HAS BEEN PRODUCED ON EQUIPMENT SHARED WITH PEANUTS, TREE NUTS, SOYBEANS, MILK, EGGS AND WHEAT.

Allergens:

Contains Milk, Soy, Wheat.

Notes:

CONTAINS GLUTEN

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Milk Pretzel with Cookie Gems
Net Wt. 1.5oz (43g)

Nutrition Facts

Serving Size 1 Pretzel (43g)
Servings Per Container 1
Calories 210
Calories from Fat 100

Amount / Serving	% Daily Value*	Amount / Serving	% Daily Value*
Total Fat 11g	**16%**	**Total Carbohydrate** 27g	**9%**
Saturated Fat 6g	**30%**	Dietary Fiber 1g	**6%**
Trans Fat 0g		Sugars 16g	
Cholesterol 5mg	**1%**	**Protein** 3g	
Sodium 120mg	**5%**		
Vitamin A 0% • Vitamin C 0%		Calcium 4% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

Milk Chocolate (Sugar, Cocoa Butter, Chocolate Liquor, Milk, Soy Lecithin (an emulsifier) and Vanilla), Pretzel (Wheat flour, corn syrup, canola and soybean oil, salt, yeast, vegetable fiber and soda), Chocolate Micro Cookie Gems (Enriched flour {Wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid}, Sugar, Cocoa processed with alkali, Vegetable Oil Shortening {Partially hydrogenated soybean and/or cottonseed oils}, High Fructose Corn Syrup, Corn Flour, Chocolate Liquor, Salt, Dextrose, Sodium Bicarbonate, Soy Lecithin), Milk Confection (Sugar, Palm Kernel Oil, Nonfat Milk, Whole Milk, Cocoa Powder, Hydrogenated Palm Oil, Cocoa (processed with alkali), Sorbitan Tristearate (an emulsifier), Soy Lecithin and Natural Vanilla), ALLERGEN STATEMENT: THIS PRODUCT HAS BEEN PRODUCED ON EQUIPMENT SHARED WITH PEANUTS, TREE NUTS, SOYBEANS, MILK, EGGS AND WHEAT.

Allergens:

Contains Milk, Soy, Wheat.

Notes:

CONTAINS GLUTEN

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Confection Pretzel with Pink Drizzle
Net Wt. 1oz (28g)

Ingredients

Pretzels (Wheat flour, Salt, Vegetable Shortening (contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil), Yeast, Malt Syrup, Corn Syrup and Soda) White Confectionary Coating: (White Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil, Non-Fat Dry Milk, Whole Milk, glycerol-lacto esters of fatty acids, (with citric acid to protect flavor), Soya Lecithin (an emulsifier), Salt and Vanillin (an artificial flavoring))), Milk Confectionary Coating: (Sugar, Fractionated Palm Kernel Oil and Partially Hydrogenated Palm Oil, Cocoa Powder(processed with alkali) Non-Fat Dry Milk, Milk Fat, Soy Lecithin (an emulsifier) and Vanillin (an artificial flavoring)) Allergy Information: Shares Equipment with Products Containing Peanuts, Tree Nuts, Milk, Soy, Wheat, Red, Yellow and Blue Food Color.

Nutrition Facts

1 servings per container

Serving size	**1 Pretzel (28g)**
Amount Per Serving	
Calories	**160**
	% Daily Values*
Total Fat 9g	**14%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Total Sugars 17g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Confection Pretzelwith
Green Drizzle
Net Wt. 1oz (28g)

Nutrition Facts	
1 servings per container	
Serving size	**1 Pretzel (28g)**
Amount Per Serving	
Calories	**160**
	% Daily Values*
Total Fat 9g	**14%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Total Sugars 17g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:
Pretzels (Wheat flour, Salt, Vegetable Shortening (contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil), Yeast, Malt Syrup, Corn Syrup and Soda), **White Confectionary Coating**: (Sugar, Palm Kernel Oil, Nonfat Milk Powder, Whole Milk Powder, Whey Powder, Palm Oil, Soy Lecithin [an emulsifier], Vanilla), **Artificial Coloring** (Blue #1, Yellow #5).

ALLERGY INFORMATION:
Shares Equipment with Products Containing Peanuts, Tree Nuts, Mik, Soy, Wheat, Red, Yellow and Blue Food Color.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Milk Pretzel with Two Color Drizzle
Net Wt. 1oz (28g)

Nutrition Facts

1 servings per container

Serving size	1 Pretzel (28g)
Amount Per Serving	
Calories	**160**
	% Daily Values*
Total Fat 9g	**14%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 0g	**0%**
Total Sugars 17g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Ingredients: Pretzels (Wheat Flour, Salt, Vegetable Shortening (contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil), Yeast, Malt Syrup, Corn Syrup and Soda) Milk Chocolate: (Sugar, Milk, Cocoa Butter, Chocolate Liquor, Soy Lecithin [an emulsifier], Vanilla) Drizzle: (Sugar, Palm Kernel Oil, Nonfat Milk Powder, Whole Milk Powder, Whey Powder, Palm Oil, Soy Lecithin (an emulsifier), Vanilla, FD&C Blue #1, Blue #2, FD&C Red#3, Red #40, FD&C Yellow #5, Yellow#6). Allergy Information: Shares equipment with Products containing Peanuts, Tree Nuts, Milk, Soy, Wheat, Red, Yellow and Blue Food Color.

NUTRITIONAL FACTS

Cheryl's Cookies

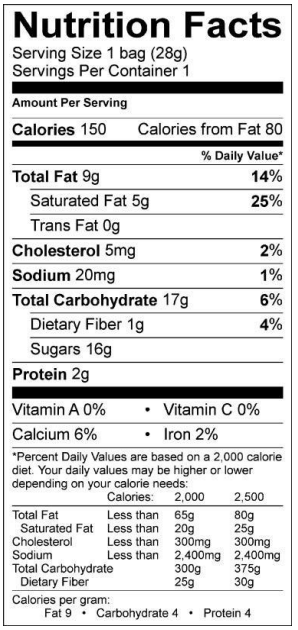
Gourmet

Winter/Spring 2018

Bag of Halloween Chocolate Coins
Net Wt. 1.5 oz.

Ingredients:
Sugar, Cocoa Butter, Milk, Chocolate Liquor, Soy Lecithin (an emulsifier), **Vanilla.**

Allergy Alert
Made in a facility that processes tree nuts.



Nutrition Facts

Serving Size 1 bag (28g)
Servings Per Container 1

Amount Per Serving

Calories 150	Calories from Fat 80
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 20mg	**1%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 1g	**4%**
Sugars 16g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%
Calcium 6% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Pretzel with Plaid Drizzle
Net Wt. 1oz (28g)

INGREDIENTS:
Pretzels (Wheat FLour, Salt, Vegetable Shortening [Contains one or more of the following: Corn, Canol, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil], Yeast, Malt Syrup, Corn Syrup and Soda), **White Confectionary Coating** (White Confectinary Coating [Sugar, Fractionated Palm Kernel Oil and Hydrogenated Palm Oil, Non-Fat Dry Milk, Whole Milk, Glycerol-acto esters of fatty acids [with citric acid to protect flavor], Soya Lecithin [an emulsifier], Salt and Vanillin [an artificial flavoring]), **Milk Confectionary Coating** (Sugar, Fractionated Palm Kernal Oil and Partially Hydrogenated Palm Oil, Cocoa Powder [processed with alkali], Non-Fat Dry Milk, Milk Fat, Soy Lecithin [an emulsifier] and Vanillin [an artificial flavoring]).

ALLERGEN STATEMENT
Shares Equipment with Products Containing Peanuts, Tree Nuts, Milk, Soy, Wheat, Red, Yellow and Blue Food Color.

Nutrition Facts	
1 servings per container	
Serving size	1 Pretzel (28g)
Amount Per Serving	
Calories	160
	% Daily Values*
Total Fat 9g	14%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 4mg	1%
Sodium 25mg	1%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 0g Added Sugars	0%
Protein 1g	2%
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Bag of Milk Chocolate Shamrocks
Net Wt. 1.5oz (42g)

Ingredients: **Sugar, Cocoa Butter, Milk, Chocolate Liquor, Soy Lecithin** (an emulsifier), Vanilla.

Allergy Alert: Made in a facility that processes tree nuts.

Nutrition Facts

Serving Size 1 bag (43g)
Servings Per Container 1

Amount Per Serving

Calories 220 Calories from Fat 120

	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 8g	**40%**
Trans Fat 0g	
Cholesterol 10mg	**3%**
Sodium 30mg	**1%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 1g	**4%**
Sugars 24g	
Protein 3g	

Vitamin A 2% • Vitamin C 2%
Calcium 8% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Pretzel Joy
NetWt.12g/pc

Nutrition Facts

Serving Size 3 Pieces (36g)
Servings Per Container about 88
Calories 200
Calories from Fat 100

Amount / Serving	% Daily Value*
Total Fat 11g	17%
Saturated Fat 10g	49%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Vitamin A 0% • Vitamin C 0%	

Amount / Serving	% Daily Value*
Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 21g	
Protein 2g	
Calcium 4% • Iron 0%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

White Confection (Sugar, Fractionated Palm Kernel Oil, Nonfat Milk, Whole Milk, Partially Hydrogenated Palm Oil, Glycerol-Lacto Esters of Fatty Acids {an emulsifier}, Soy Lecithin {an emulsifier}, Vanilla, Salt), Crisp Rice (Rice Flour, Sugar, Malt Extract and Salt, Distilled Monoglycerides and Rice Extract added as processing aids), Pretzel (Wheat Flour, Corn syrup, Canola and /or Soybean Oil, Salt, Yeast, Vegetable Fiber and soda ash), ALLERGEN STATEMENT: THIS PRODUCT HAS BEEN PRODUCED ON EQUIPMENT SHARED WITH PEANUTS, TREE NUTS, SOYBEANS, MILK, EGGS AND WHEAT.

Allergens:

Contains Milk, Soy, Wheat.

Notes:

CONTAINS GLUTEN

NUTRITIONAL FACTS

Cheryl's Cookies

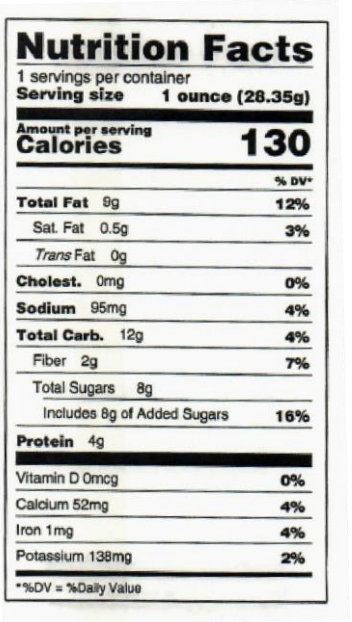
Gourmet

Winter/Spring 2018

Cinnamon Almonds
Net Wt. 5oz (141.5oz)

INGREDIENTS
Almonds, Sugar, Egg Whites, Guar Gum, Triethyl Citrate, Salt and Spices

ALLERGEN STATEMENT
Contains Tree Nuts and Eggs.
Made in a facility that also processes Milk, Peanuts, Wheat and Soy.



Nutrition Facts

1 servings per container
Serving size **1 ounce (28.35g)**

Amount per serving	
Calories	**130**
	% DV*
Total Fat 9g	**12%**
Sat. Fat 0.5g	**3%**
Trans Fat 0g	
Cholest. 0mg	**0%**
Sodium 95mg	**4%**
Total Carb. 12g	**4%**
Fiber 2g	**7%**
Total Sugars 8g	
Includes 8g of Added Sugars	**16%**
Protein 4g	
Vitamin D 0mcg	**0%**
Calcium 52mg	**4%**
Iron 1mg	**4%**
Potassium 138mg	**2%**

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

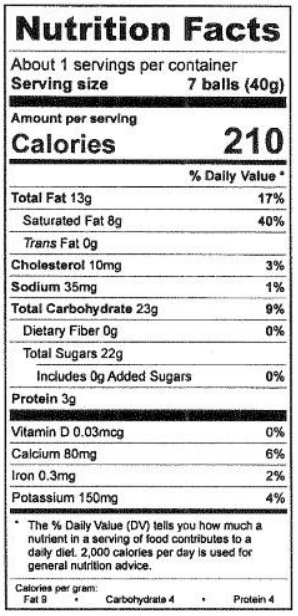
Gourmet

Winter/Spring 2018

Emoji Balls
Net Wt. 1.4oz (40g)

INGREDIENTS
Milk Chocolate (Sugar, Milk, Cocoa Butter, Chocolate, Soy Lecithin-an emulsifer, Vanillin-an artificial flavor).

ALLERGEN STATEMENT
Contains Milk, Soy.
Manufactured on Equipment That Processes Peanuts and Tree Nuts (almonds, Pecans, Cashews and hazelnuts)



Nutrition Facts

About 1 servings per container
Serving size **7 balls (40g)**

Amount per serving
Calories **210**

	% Daily Value *
Total Fat 13g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 35mg	1%
Total Carbohydrate 23g	9%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0.03mcg	0%
Calcium 80mg	6%
Iron 0.3mg	2%
Potassium 150mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories per day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Ugly Sweater Crisp Chocolates
Net Wt. 12oz (340g)

INGREDIENTS: **Sugar, Hydrogenated Vegetable Oil** (palm kernel and/or palm), **Whey, Lactose, Crisp Rice** (rice, sugar, salt, barley malt), **Cocoa** (processed with alkali), **Skim Milk, Soy Lecithin** (emulsifier), **Vanillin** (artificial flavor).

ALLERGEN STATEMENT
MANUFACTURED ON SHARED EQUIPMENT WITH PEANUTS, TREE NUTS, FLOUR, EGGS & DAIRY PRODUCTS.

Nutrition Facts

Serving Size 4 pieces (38 g)
Servings Per Container 9

Calories 190	
Calories from Fat 100	
Amount/Serving	% DV*
Total Fat 11g	17%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 25mg	1%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Sugars 21g	
Protein 1g	

Vitamin A 0% · Vitamin C 0% · Calcium 2% · Iron 6%

*Percent Daily Value (DV) is based on 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram
Fat 9 · Carbohydrate 4 · Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

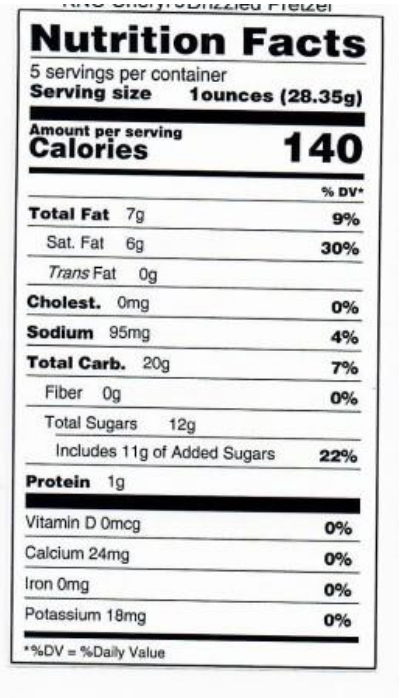
Gourmet

Winter/Spring 2018

Drizzled Pretzels
Net Wt. 5oz (141oz)

INGREDIENTS:
Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), **Water, Salt, Malt, Dextrose Canola Oil, Yeast, Soda, Coating** (Sugar, Partially Hydrogenated Cottonseed, Palm & Dry Milk Solids, Reduced Mineral Whey Powder, Cocoa, Cocoa Processed w/ Alkali, Glycerol, Lacto Ester, Mono & Diglyceride & Soya & Sunflower Lecithin Emulsifiers, Pure Vanilla, Artificial lColors (Titanium Dioxide, Red 3, Red 40, Red 40 Lake, Yellow 5 & 8 Lake, Blue 1&2 Lake, Blue 2), natural & Art. Flavors)

ALLERGEN STATEMENT
Contains Wheat, Milk, Soy. Made in a facility that also processes Milk, Peanuts, Wheat, Soy and Eggs.



Nutrition Facts

5 servings per container
Serving size 1 ounces (28.35g)

Amount per serving
Calories 140

	% DV*
Total Fat 7g	9%
Sat. Fat 6g	30%
Trans Fat 0g	
Cholest. 0mg	0%
Sodium 95mg	4%
Total Carb. 20g	7%
Fiber 0g	0%
Total Sugars 12g	
Includes 11g of Added Sugars	22%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 24mg	0%
Iron 0mg	0%
Potassium 18mg	0%

*%DV = %Daily Value

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Decorated Cookie
Net Wt. 1.1oz (30g)

Nutrition Facts

Serving Size - Approx. 1 Cookies (30 g)
Servings Per Container: About 1

Amount Per Serving
Calories 167 — Calories from Fat 63

	% Daily Value*
Total Fat 7 g	10%
Saturated Fat 4 g	21%
Trans Fat 0g	
Cholesterol 24mg	8%
Sodium 10mg	1%
Total Carbohydrate 24 mg	8%
Dietary Fiber less than 1 g	1%
Sugars 14 g	
Protein 2 g	

Vitamin A 6% — Vitamin C 0%
Calcium 0% — Iron 4%

* Percent of Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	65 g	80 g
Cholesterol	Less than	65 g	80 g
Sodium	Less than	65 g	80 g
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

INGREDIENTS:
Cookie: **unbleached flour, butter, sugar, eggs, vanilla**
Icing: **powdered sugar, meringue powder** [potato starch, cream of tartar, baking soda, xanthan gum, salt, lactic acid, egg albumen], **water and corn syrup,** *contains 2% or less of the following:* artificial color yellow #5, titanium dioxide yellow #6, red #3, red #40, blue #1, glycerin, sorbitol modified food starch, preservative [sodium benzoate, potassium sorbate], vegetable gum, citric acid

ALLERGEN STATEMENT
"Our cookies contain Wheat (gluten), Eggs, and Milk
Our cookies are manufactured in a Nut and Tree nut free environment"

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Three Piece Decorated Cookies
Net Wt. 1.4oz (40g)

Cookie: **flour, butter, sugar, eggs, powdered sugar, vanilla, Meringue powder [potato starch, cream of tartar, baking soda, xanthan gum, salt, lactic acid, egg albumen], water and corn syrup.** *Icing*: **powdered sugar, meringue powder** [potato starch, cream of tartar, baking soda, xanthan gum, salt, lactic acid, egg albumen], **water and corn syrup**. *contains 2% or less of the following*: artificial color yellow #5, titanium dioxide yellow #6, red #3, red #40, blue #1, glycerin, sorbitol modified food starch, preservative [sodium benzoate, potassium sorbate], vegetable gum, citric acid.

Allergen Statement
Our cookies contain Wheat (gluten), Eggs, and Milk.
Our cookies are manufactured in a Nut and Tree nut free environment.

Nutritional Facts: Serv Size Serv Size less than 1 cookie cookie (30g), Serv per Container: About 3; Amount Per Serving: Calories 167, Fat Cal. 63, Total Fat 7g(10%DV), Sat. Fat 4g(21%DV), Choles. 24mg(8%DV), Sodium 10mg(1%DV), Total Carb 24g(8%DV), Fiber <1g(1%),Sugars 14g, Protein 2g, Vitamin A(6%DV), Iron(4%DV). Percent of Daily Values are based on a 2,000 calorie diet. Not a significant source of Calcium or Vitamin C.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Dipped Sea Salt Brittle
Net Wt. 4oz (113g)

INGREDIENTS:
Corn Syrup, Sugar, Peanuts, Confectionary Coating (sugar, palm kernel oil, whey powder [milk], cocoa powder, cocoa powder processed with alkali, nonfat dry milk solids, sorbitan tristearate, soy lecithin [emulsifier], salt, artificial flavor), **Bicarbonate of Soda, Sea Salt.**

ALLERGEN STATEMENT
Contains Peanuts, Milk, Soy.

Nutrition Facts

Serving Size 1 oz (28g)
Servings Per Container 4

Amount Per Serving	
Calories 130	Calories from Fat 45
	% Daily Value*
Total Fat 5g	**8%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 85mg	**4%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 1g	**4%**
Sugars 15g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

White Pretzel with Easter Flower Sprinkles
Net Wt. 1.2oz (34g)

Ingredients
Pretzels: (Wheat Flour, Salt, Vegetable Shortening [contains one or more of the following: Corn, Canola, Cottonseed, Sunflower, Partially Hydrogenated Soybean Oil], Yeast, Malt Syrup, Corn Syrup, and Soda), **White Confectionary Coating**: (Sugar, Palm Kernel Oil, Nonfat Milk Powder, Whole Milk Powder, Whey Powder, Palm Oil, Soy Lecithin [an emulsifier], Vanilla), **Sprinkles**: (Sugar, Rice Flour, Vegetable Oil [palm and/or palm kernel], Corn Starch, Cellulose Gum, Carrageenan, Soy Lecithin, Titanium Dioxide [color], Artificial Colors [Yellow #5, Yellow #6, Red #3, Blue #1], Artificial Flavor).

Allergy Information: Shares equipment with products containing peanuts, tree nuts and/or eggs.

Nutrition Facts

1 servings per container

Serving size	**1 Pretzel (34g)**
Amount Per Serving	
Calories	**190**
	% Daily Values*
Total Fat 10g	**15%**
Saturated Fat 9g	**45%**
Trans Fat 0g	
Cholesterol 4mg	**1%**
Sodium 25mg	**1%**
Total Carbohydrate 21g	**7%**
Dietary Fiber 0g	**0%**
Total Sugars 20g	
Includes 0g Added Sugars	**0%**
Protein 1g	**2%**
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NUTRITIONAL FACTS

Cheryl's Cookies

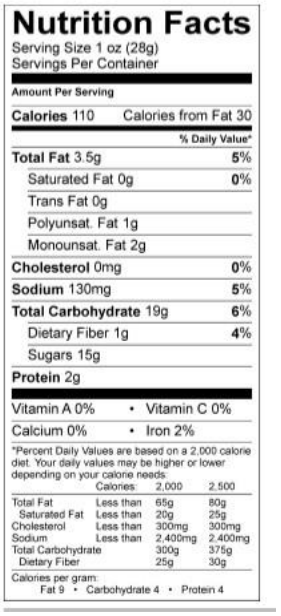
Gourmet

Winter/Spring 2018

Peanut Brittle
Net Wt. 3oz (85g)

INGREDIENTS:
Corn Syrup, Sugar, Peanuts, Bicarbonate of Soda, Salt. No Additives. No Preservatives.

ALLERGEN STATEMENT
Contains Peanuts.
May Contain Tree Nuts & Soy.
GLUTEN FREE



Nutrition Facts

Serving Size 1 oz (28g)
Servings Per Container

Amount Per Serving

Calories 110	Calories from Fat 30
	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsat. Fat 1g	
Monounsat. Fat 2g	
Cholesterol 0mg	**0%**
Sodium 130mg	**5%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 1g	**4%**
Sugars 15g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

NUTRITIONAL FACTS

Cheryl's Cookies

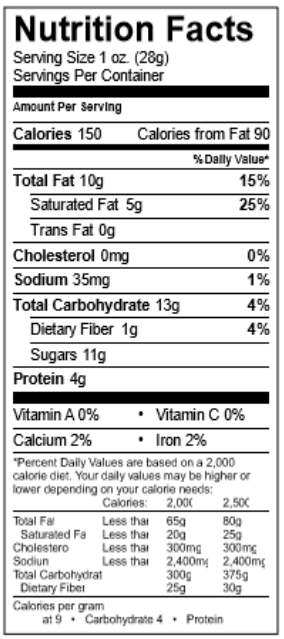
Gourmet

Winter/Spring 2018

Peanut Butter Double Ups
Net Wt. 3oz (85g)

INGREDIENTS:
Peanuts, Peanut Coating (sugar, palm kernel oil, partially defatted peanut flour, nonfat dry milk, peanut oil, salt, soy lecithin [emulsifier]), **Confectionary Coating** (sugar, palm kernel oil, whey powder [milk], cocoa powder, cocoa powder processed with alkali, nonfat dry milk solids, sorbitan tristearate, soy lecithin [emulsifier], salt, artificial flavor).

Allergen Statement
Contains Peanuts, Milk and Soy
Manufactured in a facility that processes Tree Nuts



Nutrition Facts

Serving Size 1 oz. (28g)
Servings Per Container

Amount Per Serving

Calories 150	Calories from Fat 90
	% Daily Value*
Total Fat 10g	15%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	1%
Total Carbohydrate 13g	4%
Dietary Fiber 1g	4%
Sugars 11g	
Protein 4g	

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fa	Less than	20g	25g
Cholestero	Less than	300mg	300mg
Sodiun	Less than	2,400mg	2,400mg
Total Carbohydrat		300g	375g
Dietary Fiber		25g	30g

Calories per gram
at 9 • Carbohydrate 4 • Protein

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

S'Mores Crunch
Net Wt. 3oz (85g)

INGREDIENTS:
Corn Syrup, **Confectionary Coating** (sugar, palm kernel oil, whey powder (milk), cocoa powder, cocoa powder processed with alkali, nonfat dry milk solids, sorbitan tristerate, soy lecithin (emulsifier), salt, artificial flavor), **Natural & Arificial Flavor, Salt, Bicarbonate of Soda**

ALLERGEN STATEMENT
Manufactured in a facility that processes milk, soy, peanuts and tree nuts.

Nutrition Facts:

Serv. Size: 1oz (28g) Amount Per Serving: Servings per container 3 **Calories 110**, Calories from Fat 15, **Total Fat** 1.5g (2% DV), Saturated Fat 1.5g (8% DV) Trans Fat 0g, **Cholesterol** 0mg (0% DV), **Sodium 125mg** (5% DV), **Total Carbohydrates 23g** (8% DV), Dietary Fiber 0g (0 %DV), Sugars 19g, **Protein** 0g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (0% DV), Iron (2% DV).
Percent Daily Values (DV)are based on a 2,000 calorie diet.

NUTRITIONAL FACTS

Cheryl's Cookies

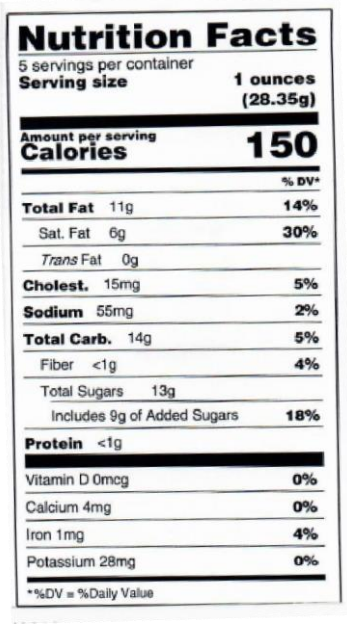
Gourmet

Winter/Spring 2018

Cashew Crunch Mix
Net Wt. 5oz (141oz)

INGREDIENTS
Semisweet Chocolate (Sugar, Chocolate Liquor, Processed with Alkali, Cocoa Butter, Milk Fat, Soya Lecithin), **Vanillin, Natural Flavors, Sugar, Butter, Cashews, Propylene Glycol, Artificial Flavor, Caramel Color** (Contains, Sulfates).

ALLERGEN STATEMENT
Contains Tree Nuts, Dairy, soy.
Made in a facility that also processes Milk, Peanuts, Wheat, Soy and Eggs.



Nutrition Facts

5 servings per container
Serving size **1 ounces (28.35g)**

Amount per serving
Calories **150**

	% DV*
Total Fat 11g	**14%**
Sat. Fat 6g	**30%**
Trans Fat 0g	
Cholest. 15mg	**5%**
Sodium 55mg	**2%**
Total Carb. 14g	**5%**
Fiber <1g	**4%**
Total Sugars 13g	
Includes 9g of Added Sugars	**18%**
Protein <1g	
Vitamin D 0mcg	**0%**
Calcium 4mg	**0%**
Iron 1mg	**4%**
Potassium 28mg	**0%**

*%DV = %Daily Value

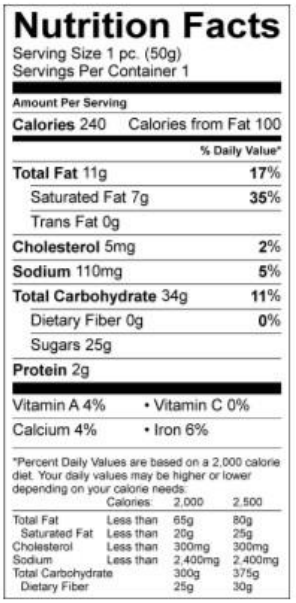
NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

Conversation Heart Crispie Pops
Net Wt. 1.5oz (43g)



Nutrition Facts

Serving Size 1 pc. (50g)
Servings Per Container 1

Amount Per Serving	
Calories 240	Calories from Fat 100
	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 110mg	**5%**
Total Carbohydrate 34g	**11%**
Dietary Fiber 0g	**0%**
Sugars 25g	
Protein 2g	

Vitamin A 4% • Vitamin C 0%
Calcium 4% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: milk chocolate (sugar, whole milk, cocoa butter, chocolate liquor, soy lecithin [emulsifier], vanilla), RICE KRISPIES TREATS(r) SUPERSHEET(tm) square (toasted rice cereal [rice, sugar, salt, malt flavoring, niacinamide, reduced iron, riboflavin {Vitamin B2}, folic acid], marshmallow [corn syrup, sugar, gelatin, natural & artificial flavor], fructose, margarine [vegetable oil {soybean and palm oil with TBHQ for freshness}, water, natural & artificial butter flavor {contains milk}, datem, acetylated monoglycerides, BHT for freshness, Vitamin A palmitate, Vitamin D], corn syrup solids, contains 2% or less of dextrose, glycerin, salt, niacinamide, pyridoxine hydrochloride [Vitamin B6], thiamin hydrochloride [Vitamin B1], riboflavin [Vitamin B2], soy lecithin), confectionery coating (sugar, palm kernel oil. cocoa powder, whey powder, nonfat milk powder, soy lecithin [emulsifier], vanilla), ,sugar sprinkles (sugar, artificial color, corn syrup, gum arabic, carnauba wax, hydroxylated soy lecithin).

CONTAINS MILK AND SOY. May Contain Trace Peanuts, Treenuts, Wheat or Egg Products.

NUTRITIONAL FACTS

Cheryl's Cookies

Gourmet

Winter/Spring 2018

6 Spooky Sprinkles Sugar Jar jar
Net Wt. 3.2 oz (91g)

Combined Ingredients: Sugar, Corn Starch, Rice Flour, Palm Oil, Palm Kernel Oil, Modified Corn Starch, Fractionated Palm Kernel Oil, Cellulose Gum, Glucose, Soya Lecithin, Polysorbate 60, Vanillin, FD&C Red 3, Red 40, Blue 1, Yellow 5, Yellow 6, Confectioner's Glaze, Carrageenan, Natural & Artificial Flavor, Yellow 6 Lake, Carnauba Wax. **CONTAINS SOY**

6- Holiday Sprinkles
Net Wt. 2.8 oz. (79g)

Combined Ingredients: Sugar, Corn Starch, Rice Flour, Palm Oil, Palm Kernel Oil, Cellulose Gum, Carrageenan, Soya Lecithin, Confectioner's Glaze, FD&C Yellow 5, Red 40 Lake, Red 3, Yellow 5 Lake, Carnauba Wax, Natural & Artificial Flavor, Red 40, Blue 1, Yellow 6 Lake, Blue 2, Blue 1 Lake, Yellow 6.
CONTAINS SOY

6-Spring Sprinkles Accents
Net Wt. 2.5 oz. (71g)

Combined Ingredients: Sugar, Corn Starch, Palm Oil, Palm Kernel Oil, Rice Flour, Modified Corn Starch, Soya Lecithin, Carnauba Wax, Cellulose Gum, Polysorbate 60, Vanillin, Confectioner's Glaze, FD&C Red 3, Yellow 5, Yellow 6, Blue 1, Carrageenan, Natural & Artificial Flavor, Blue 1 Lake, Yellow 5 Lake, Yellow 6 Lake, Red 40 Lake. **CONTAINS SOY**

6 Easter Accents Sugar Jar
Net Wt. 2.84 oz. (81g)

Combined Ingredients: Sugar, Rice Flour, Corn Starch, Modified Corn Starch, Fractionated Palm Kernel Oil, Palm Oil, Palm Kernel Oil, Soya Lecithin, Cellulose Gum, Polysorbate 60, Vanillin, FD&C Red 3, Blue 1, Yellow 5, Yellow 6, Confectioner's Glaze, Carrageenan, Blue 1 Lake, Carnauba Wax. **CONTAINS SOY**

6-Hearts & Flowers Sprinkles Accents
Net Wt. 2.5 oz. (71g)

Combined Ingredients: Sugar, Rice Flour, Palm Oil, Palm Kernel Oil, Corn Starch, Cellulose Gum, Carrageenan, Confectioner's Glaze, FD&C Red 3, Red 40, Yellow 6, Yellow 5, Yellow 6 Lake, Blue 1, Blue 1 Lake, Red 40 Lake, Carnauba Wax.